



## July 2027 Intensive Coursework for Health Fitness Candidates

*Our unique program design allows students enrolled in the Health Fitness Endorsement Program to connect with other educators and to complete 9 graduate-level credits in less than one month! To help you better understand whether this program design is a fit for your learning goals and schedule, please review the information below.*

### Summer Coursework Dates:

These are 4-day intensive courses that meet Monday, Tuesday, Wednesday and Thursday, 8:30 am-5:00 pm. They meet online on the Teams platform. Students should plan to be on-camera and ready to actively participate throughout the full duration of the course.

- **PES 5070 - Strategies for Teaching Strength Training:** July 12 to July 15th, 2027
- **PES 5065 - Scientific Application in Physical Activity:** July 19 to July 22nd, 2027
- **PES 5075 - Alternative Sports and Games for Regular and Special Populations:** July 26 to July 29th 2027

### Teams Workshop Policy:

Students are required to join the course with camera on and mic available throughout course hours. This is not a recorded webinar, it is *a live, interactive workshop which requires your contribution*. Therefore, *please plan to join from a distraction-free setting*—attempting to attend while driving, working, caregiving, attending appointments, or similar activities, may result in an Incomplete or No Credit grade in the course. Because of the condensed nature of the course, students are required to attend all four days in full. Breaks and movement activities will be provided throughout the course to help students maintain focus and engagement. Please remember that CPE students have full access to our [DSS office](#)—if you believe that you will need accommodations during the course, please email [dss@spu.edu](mailto:dss@spu.edu) to get those set up in place prior to the first day.

### Agreement to join:

*Students applying to the program initial agreement to this statement—we are sharing it here again for your reference:*

Three classes in the program will be offered ONLY as 4-day, online intensives. These require FULL participation and on-camera attendance for all listed days. SPU does NOT offer alternative formats of these courses or excuse attendance for any reason. I understand it is my responsibility to plan all summer activities around these courses. If I cannot attend, I will plan to join the course the following year.